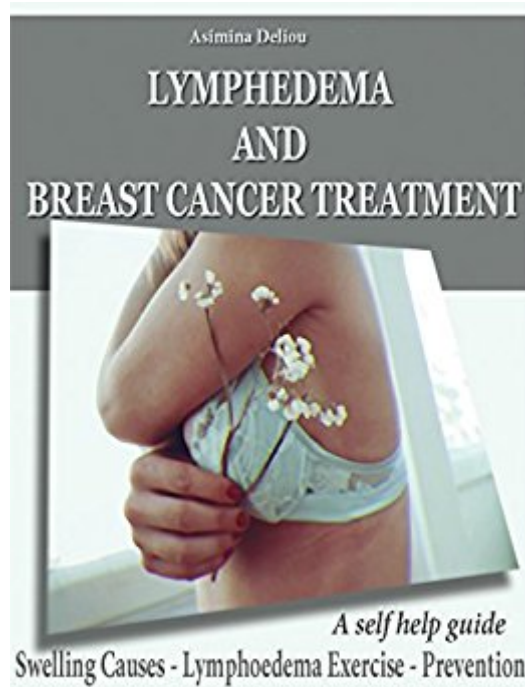




Ebook Directory
the best source of ebook

The book was found

LYMPHEDEMA AND BREAST CANCER TREATMENT: Swelling Causes - Lymphoedema Exercises - Prevention



Synopsis

Lymphedema is a usual side effect of a mastectomy, a lymph nodes biopsy or radiation therapy used to fight breast cancer symptoms and prevent cancer from spreading all over the body. In recent years when more than 85% of women undergoing treatment for breast cancer survive more than five years, the long-term adaptation to the consequences of the treatment is becoming increasingly important. It has been shown that because the effects of therapy make up the physical and psychological trauma of the disease, provoking the resumption of a normal physical and emotional life, it is very important to avoid as much as we can the appearance of any consequence. This book has the purpose to give you the information that will enable you to learn 1) To what extent it is normal what you feel after surgery and when to seek medical help 2) How common is lymphedema after mastectomy and who are the most likely to develop lymphedema 3) When lymphedema occurs 4) How to notice in time an incipient lymphedema 5) What are the appropriate exercises you can do, after your surgery and on, to increase the mobility of your arm, to reduce existing swelling and to prevent lymphedema 6) What treatment you can follow when lymphedema appears 7) What precautions you can take to avoid lymphedema 8) What type of regular exercise and physical activity is appropriate for you. This book can provide you with essential knowledge to help you avoid or reduce unpleasant consequences of the breast cancer therapy. All these information are based on articles and researches of the last 5 years, in order to keep you informed on the current updates on lymphedema.

Book Information

File Size: 4247 KB

Print Length: 92 pages

Simultaneous Device Usage: Unlimited

Publication Date: September 30, 2015

Sold by: Æ Æ Digital Services LLC

Language: English

ASIN: B0161YV7UK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #493,260 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #18

inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Lymphatic

#43 inÃ Â Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments

> Cancer > Breast Cancer #266 inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical

Ailments > Cancer > Breast Cancer

[Download to continue reading...](#)

LYMPHEDEMA AND BREAST CANCER TREATMENT: Swelling Causes - Lymphoedema

Exercises - Prevention Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly

Prevent Cancer (Cancer,Cancer Prevention,Cancer Cure,Coping With Cancer,Cancer Books,Breast

... Cancer,Leukemia,Colon Cancer,Skin Cancer) Cancer: Coping With Cancer: Controlling and

Understanding Emotions of Cancer (Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung

Cancer,Cancer Diet,Preventing Cancer,Cancer Prevention,Cancer Cure) Cancer: Cancer Cure:

Natural Cancer Cures And Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With

Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Outsmart

Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17

(Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung

Cancer,Cancer Prevention) Cancer: Coping With Cancer: How To Cope When A Loved One Has

Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon

Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Alternative Cancer Therapies

(Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung

Cancer,Cancer Prevention,Colon Cancer) (Alternative Medicine Book 1) Breast Cancer Prevention

and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer,

brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Restorative Yoga

For Breast Cancer Recovery: Gentle Flowing Yoga For Breast Health, Breast Cancer Related

Fatigue & Lymphedema Management The Cancer Cure Diet: The Complete Cookbook of 20

Cancer Diet Recipes That Work And Why (Cancer Cure, Cancer Nutrition and Healing, Cancer

Prevention, ... Cancer Diet Guide, Cancer Recipe Books) Cancer: Taboo Cancer Cures 6

Impressive and Secret Cancer Cures that Most People do not know about (Cancer, Cancer Cures,

Yoga, Cancer Treatments, Cancer Medicine, Cancer Patient Book 1) Lymphedema: Understanding

and Managing Lymphedema After Cancer Treatment Lymphedema: A Breast Cancer Patient's

Guide to Prevention and Healing Linfedema (Lymphedema): Una GuÃfÂ- a de PrevenciÃfÂ n y

SanaciÃfÂ n Para Pacientes Con CÃfÂncer De Mama (A Breast Cancer Patient's Guide to

Prevention and Healing) (Spanish Edition) Winning The Cancer Battle: Nutritional Help for Breast

Cancer, Prostate Cancer, Intestinal Cancer, Vaginal Cancer, and Various Other Cancers

Lymphedema Management: An Essential Guide to Living with Lymphedema - Understanding the Cause, Recognizing Symptoms, Learning to Manage, and Identifying Treatment & Therapy Options

Colon Cancer - A Cancer Prevention and Cancer Cure Guide to Understanding the Facts of Colon

Cancer for Treatment, Diet, and Nutrition Cancer and Vitamin C: A Discussion of the Nature,

Causes, Prevention, and Treatment of Cancer With Special Reference to the Value of Vitamin C,

Updated and Expanded Cancer and Vitamin C: A Discussion of the Nature, Causes, Prevention and

Treatment of Cancer With Special Reference to the Value of Vitamin C When Cancer Hits Home:

Cancer Treatment and Prevention Options for Breast, Colon, Lung, Prostate, and Other Common

Types

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)